



SOWED Kenya
Social Transformation and Co-Existence.

REPORT ON YOUTH FIRST KENYA(YFK) RESILLIENCE II STAFF TRAINING



Reported by: Peter Mwai

Activity date: 11/02/2019 to 13/02/2019

Reviewed and Edited by: Emily Kamene.

Activity venue: Multimedia University Hotel.

INTRODUCTION.

After successful facilitation of the YFK Resilience I teachers training, SOWED Kenya and Basic Need Basic Rights organized a staff training which was conducted by Gracy Andrew from CorStone Foundation. The key purpose of the training was to equip the staff with relevant knowledge on how to conduct the Resilience II teachers training.

SLIDE PRESENTATIONS AND SESSION PRACTICE.

The training began with both project team planning how they would conduct their session while Gracy was subdividing the session amongst each project team. Each facilitator was to facilitate the slide presentation and conduct the session practice that follows slide presentation as shown in the table below.

Session Number	Session and Slide Title	Facilitator	Organization
Session 7	Identifying Feeling	Jane	Basic Need Basic Rights
Session 8	Benefit Finding	Simaloi	SOWED KENYA
Session 9	Managing Difficult Emotions	Dennis	Basic Need Basic Rights
Session 10	Assertive Communication	Rose	Basic Need Basic Rights
Session 11	Restorative Practices	James	SOWED KENYA
Session 12	Problem Solving	Jane	Basic Need Basic Rights
Session 13	Identifying and Opposing Violence	Emily	SOWED KENYA
Session 14	Forgiveness And Apologies	Peter	SOWED KENYA

Table 1: Showing Distribution of session and slide presentation.

Gracy on the other hand was giving her feedback to the facilitators while giving them input and strategies on how they can improve their facilitation skills and also to ensure the teachers training is well facilitated.

After all the participants had facilitated session and conducted the respective session practice, Gracy reminded the participants that is important to allow easy transition from one agenda to the other and also prepare in advance by researching any relevant information about the session and also by going through the session thoroughly few times to ensure one understand the concept clearly. She also reminded the staff that there is need to ensure there is good time management and to combine and use appropriately the facilitation skills during session facilitation.

The staff were also discouraged from being naive since it affects the flow of session and one can lose her/his audience. The staff were informed that is of great importance to show emotions and gestures during skit play.

OBSERVATIONS

1. The concepts were well understood by all participant present.
2. All staff applied the skills of facilitation effectively during session facilitation and session practice.



PLANNING AND WAY FORWARD.

The teachers training in Kajiado county was to be conducted from 14/02/2019 to 16/02/2019 with Gray observing the training for two days before proceeding to Tharaka Nithi to observe the BasicNeeds Basic Rights teachers training. Following the teachers training all teachers feedback should be collected and send to Gracy.

CONCLUSION

The staff training was well conducted and staffs were well equipped and were ready to facilitate the teachers training.

